



Dear Sisters and Brothers in Christ.

May God bless you! I am pleased to present this 2020-2024 Agency Plan for the Office of Youth and Young Adults in the Archdiocese of Louisville.

I thank the pastors, youth and young adult ministers, high school and college campus ministers, and archdiocesan staff who carefully studied the needs of youth and young adults, reflected upon the words of Pope Francis in his apostolic exhortation, *Christus Vivit* (*Christ is Alive*), and developed this plan for the future of youth and young adult ministry in the Archdiocese of Louisville. During this time of unprecedented change in our society, this plan will help ensure that

our youth and young adults have Catholic formation opportunities that offer personal and spiritual growth and that are responsive to their rapidly evolving lives. I extend special thanks to Karl Dolson, Director, and Laura Zoeller, Associate Director, of the Office of Youth and Young Adults.

Pope Francis reminds young people that the "Church needs your momentum, your intuitions, your faith...." As we

realize the efforts reflected in these pages, let us be guided by our Lord Jesus Christ, who is "ever young." Please join me in praying with our Holy Father for the realization in the hearts of all young people – and all who minister to and with them – that "Christ is alive, and he wants you to be alive."

Sincerely yours in our Lord,

In Es Ku

Most Reverend Joseph E. Kurtz, D.D.
Archbishop of Louisville



#### **PURPOSE STATEMENT**

The Office of Youth and Young Adults exists to:

- Provide training, support, formation, and networking opportunities among those who minister to, with, and for young people (adolescence through young adulthood).
- Work with parishes and other agencies to empower young people to live as disciples of Jesus Christ, to draw young people to responsible participation in the life, mission, and work of the Church, and to foster the personal and spiritual growth of each young person.
- Provide consultation and resourcing for parish-based Confirmation preparation, youth ministry, and young adult ministry, as well as for high school and college campus ministry.



Y-Youth Ministry YA-Young Adult Ministry Y/YA-Youth and Young Adult Ministry

# **GOAL 1**

To promote an archdiocesan-wide vision of the importance and value of youth and young adults in our Catholic faith communities.

#### **OBJECTIVE Y 1.1**

Inspire within Catholic youth a call to holiness, including a deep personal relationship with Jesus Christ.

## **ACTION STEPS:**

- Y 1.1.1 Provide parishes with strategies whereby they can affirm the importance of inclusion of all youth within the Church.

  Begin: Spring 2021 Complete: Ongoing

  (Office of Youth and Young Adults | Office of Multicultural Ministry)
- Y 1.1.2 Provide youth with print and digital resources that will support and guide them spiritually and when dealing with challenging family issues.

Begin: Summer 2021 Complete: Ongoing
(Family Ministries Office | Office of Youth and Young Adults |
Archdiocesan Communications Office)

- Y 1.1.3 Inspire youth through presentations and materials to recognize they may have a vocational calling; whether to priesthood, religious life, marriage, or lay ministry.

  Begin: Summer 2020 Complete: Ongoing
  (Vocation Office | Office of Youth and Young Adults |
  Office of Catholic Schools | Family Ministries Office)
- Y 1.1.4 Expand the availability of retreat and mission experiences where youth encounter Jesus through prayer and community engagement, including in locations where there is less awareness of/access to events.

  Begin: Fall 2020 Complete: Ongoing (Office of Youth and Young Adults | Office of Faith Formation)
- Y 1.1.5 Collaborate with the Vocation Office to strengthen seminarians' skills for interacting with Catholic youth and young adults.

**Begin: Summer 2020** Complete: Ongoing (Vocation Office | Office of Youth and Young Adults)

#### **OBJECTIVE YA 1.2**

Identify, invite, and make room for young adult leaders so they might develop greater awareness and experience of Church leadership roles.

# **ACTION STEPS:**

YA 1.2.1 Identify and appoint young adult leaders to all appropriate archdiocesan advisory boards.

Begin: Fall 2020 Complete: Spring 2021

(Office of the Archbishop | Office of Youth and Young Adults)

YA 1.2.2 Provide a leadership training program focused on building up the gifts and skills of young adults for service in the Church.

Begin: Spring 2022 Complete: Fall 2022

(Parish Leadership Development | Office of Youth and Young Adults)

# **OBJECTIVE YA 1.3**

Promote present opportunities available to Catholic young adults, including those beyond what is offered by parishes.

#### **ACTION STEPS:**

YA 1.3.1 Create a greater awareness of existing Catholic service agencies and volunteer opportunities where young adults can collaborate with others in serving the Church and community.

Begin: Fall 2020 Complete: Summer 2021

(Office of Youth and Young Adults | Catholic Charities of Louisville)

YA 1.3.2 Identify and promote local Church organizations (Knights of Columbus, Knights of Peter Claver, Young Catholic Professionals, Louisville Young Catholics, etc.) where young adults are welcome and can meet peers with similar interests.

Begin: Fall 2020 Complete: Summer 2021

(Office of Youth and Young Adults | Archdiocesan Communications Office)

YA 1.3.3 Help parishes promote inclusive opportunities for young adults to increase their involvement in parish life.

Begin: Spring 2021 Complete: Ongoing

(Office of Youth and Young Adults | Office of Multicultural Ministry)



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# **GOAL 2**

To identify, form, and engage mentors and catechetical leaders in sharing their faith with youth and young adults.

#### **OBJECTIVE Y 2.1**

Provide discipleship training for parish youth ministry staff and volunteers.

#### **ACTION STEPS**:

Y 2.1.1 Offer guidance to schools seeking to train teachers, counselors, coaches, Scouts leaders, etc. to be spiritual mentors within their roles of trust with youth.

Begin: Summer 2022 Complete: Spring 2023 (Office of Youth and Young Adults | Catholic Schools Office | Office of Faith Formation)

Y 2.1.2 Incorporate strategies presented in resources, such as Growing Young and Christus Vivit, to improve accompaniment of youth ministers in parishes and schools.

Begin: Fall 2021 Complete: Summer 2022 (Office of Youth and Young Adults | Office of Faith Formation)

Y 2.1.3 Equip catechetical leaders with the knowledge and skills to effectively share the Catholic faith with youth.

Begin: Fall 2020 Complete: Ongoing

(Office of Faith Formation)

#### **OBJECTIVE Y 2.2**

Help parishes develop strategies that keep Catholic youth involved as they move through transitional times in their lives.

#### **ACTION STEPS:**

Y 2.2.1 Develop an initiative in which parishes can prepare parishioners to accompany newly confirmed youth so they remain engaged with the parish after the sacrament is received.

**Begin: Summer 2021** Complete: Summer 2022 (Office of Faith Formation | Office of Youth and Young Adults)

Y 2.2.2 Explore and promote programs available to bring the Catholic faith into youth athletics.

Begin: Spring 2022 Complete: Spring 2023 (Office of Youth and Young Adults | Office of Faith Formation | Catholic Schools Office)

#### **OBJECTIVE YA 2.3**

Develop a program for young adults to be accompanied by older adults who have deep relationships with Jesus and the Catholic faith.

#### **ACTION STEPS:**

YA 2.3.1 Offer mentorship training to individuals who have been identified by the parish/school as interested in accompanying young adults.

**Begin: Summer 2021** Complete: Spring 2022 (Parish Leadership Development)

- YA 2.3.2 Explore opportunities to promote the new Louisville chapter of Young Catholic Professionals (YCP), and similar organizations that might independently form in the future.

  Begin: Summer 2020 Complete: Winter 2021

  (Office of Youth and Young Adults | Archdiocesan Communications Office)
- YA 2.3.3 Adapt the college model for career development in a way that offers ongoing Catholic formation to young adults.

  Begin: Spring 2022 Complete: Spring 2023

  (Catholic Campus Ministry | Office of Youth and Young Adults)
- YA 2.3.4 Adapt the mentor couples model for marriage preparation in a way that offers ongoing Catholic formation to young adults.

  Begin: Fall 2021 Complete: Spring 2022

  (Family Ministries Office | Office of Faith Formation | Office of Youth and Young Adults)



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## **GOAL 3**

To identify key catechetical themes and present them in a variety of formats to diverse audiences of youth and young adults.

# **OBJECTIVE Y 3.1**

Instill a deeper love and understanding by Catholic youth of the Real Presence of the Holy Eucharist.

#### **ACTION STEPS:**

Y 3.1.1 Increase the availability of youth-led liturgies throughout the Archdiocese.

Begin: Summer 2020 Complete: Fall 2020 (Worship Office | Office of Youth and Young Adults | Catholic Schools Office)

Y 3.1.2 Identify and promote the availability of Eucharistic Adoration throughout the Archdiocese and facilitate attendance by youth.

Begin: Fall 2020 Complete: Spring 2021
(Worship Office | Office of Youth and Young Adults |
Catholic Schools Office)

#### **OBJECTIVE Y 3.2**

Educate youth on the Catholic Church's teachings on the dignity of all persons.

#### **ACTION STEPS:**

Y 3.2.1 Identify or develop a curriculum resource, including Theology of the Body, for use in parishes and schools that provides youth with a positive and faithful understanding of human sexuality.

**Begin: Summer 2022** Complete: Fall 2022 (Office of Youth and Young Adults | Catholic Schools Office | Family Ministries Office | Office of Faith Formation)

Y 3.2.2 Recruit, train, and make available qualified adult leaders to present the human sexuality curriculum in locations without available adult leaders.

**Begin: Summer 2022** Complete: Spring 2023 (Family Ministries Office | Office of Faith Formation)

Y 3.2.3 Develop a high school focused safe environment and abuse prevention curriculum for use in parishes and high schools.

Begin: Winter 2023 Complete: Fall 2023
(Family Ministries Office | Catholic Schools Office |
Office of Faith Formation)

Y 3.2.4 Develop and offer catechetical resources to youth on the sacrament and sanctity of marriage.

**Begin: Fall 2022** Complete: Summer 2023 (Family Ministries Office | Office of Youth and Young Adults | Office of Faith Formation)

Y/YA 3.2.5 Identify resources to assist youth and young adults with recognizing, understanding, and responding to emotional issues, including anxiety and depression.

**Begin: Winter 2021** Complete: Summer 2021
(Family Ministries Office | Office of Youth and Young Adults)

#### **OBJECTIVE YA 3.3**

Encourage young adults to embrace parish membership and stewardship as an ongoing way of life and as a way to engage in the Catholic faith.

#### **ACTION STEPS**

YA 3.3.1 Develop an initiative that identifies and invites young adults to become members in a Catholic parish and to participate in the faith community.

**Begin: Spring 2021** Complete: Fall 2021 (Office of Youth and Young Adults)

YA 3.3.2 Assist parishes with strategies for transitioning young adults from family membership to independent registration with the parish.

**Begin: Summer 2021** Complete: Ongoing (Office of Youth and Young Adults)

YA 3.3.3 Assist young parents in educating their children on the teachings and rituals of the Catholic faith.

**Begin: Spring 2021** Complete: Spring 2022 (Office of Faith Formation | Family Ministries Office)

YA 3.3.4 Inform Catholic parishes when young adults are completing their college experience so they can be invited to remain engaged with the Catholic faith during this transitional period of life.

Begin: Spring 2021 Complete: Ongoing

(Catholic Campus Ministry | Office of Youth and Young Adults)



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# **GOAL 4**

To provide opportunities for youth and young adults to celebrate their Catholic faith with larger groups of young people.

#### **OBJECTIVE Y/YA 4.1**

Empower young people to live their faith through participation in diverse group activities.

#### **ACTION STEPS:**

Y/YA 4.1.1 Develop and promote mission trips, days of service, retreats,

etc. that appeal to diverse groups of young people.

Begin: Summer 2021 Complete: Ongoing

(Office of Youth and Young Adults | Office of Faith Formation | Office of Multicultural Ministry | Catholic Charities of Louisville)

Y/YA 4.1.2 Invite young people to attend and actively participate in

Archdiocese of Louisville events such as the annual Chrism

Mass, Pro-Life Mass, ordinations, etc.

Begin: Fall 2020 Complete: Ongoing

(Office of Youth and Young Adults | Worship Office | Vocation Office)

#### **OBJECTIVE Y/YA 4.2**

Stimulate young people who want to learn about their faith from one another.

#### **ACTION STEPS:**

Y/YA 4.2.1 Equip young people to be knowledgeable on – and to speak comfortably about – the merits of institutional

Church.

Begin: Spring 2021 Complete: Summer 2022 (Office of Faith Formation | Office of Youth and Young Adults |

Office of Multicultural Ministry)

Y/YA 4.2.2 Initiate and promote inter-parish collaborations that will increase the level of interest among new audiences of

young people.

Begin: Winter 2022 Complete: Ongoing

(Office of Youth and Young Adults | Office of Multicultural Ministry |

Archdiocesan Communications Office)

Y/YA 4.2.3 Inform and inspire youth and young adults to reach out to young people who are disconnected from the Church and invite them to reconnect with the Catholic faith.

Begin: Fall 2022 Complete: Ongoing

(Office of Youth and Young Adults | Parish Leadership Development)

# **OBJECTIVE Y/YA 4.3**

Promote opportunities for groups of Catholic young people to be positively seen and heard in the context of their faith.

#### **ACTION STEPS:**

Y/YA 4.3.1 Create initiatives that publicly celebrate young people's participation in ministry so they can witness the collective magnitude of their presence and engagement.

Begin: Summer 2020 Complete: Ongoing

(Office of Youth and Young Adults | Archdiocesan Communications Office)

Y/YA 4.3.2 Invite, train, and promote youth involvement in the liturgical roles at parish and school communities.

Begin: Summer 2020 Complete: Ongoing

(Worship Office | Office of Youth and Young Adults | Catholic Schools Office)



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# **GOAL 5**

To ensure the Office of Youth and Young Adults remains responsive and effective to the needs of young people throughout the Archdiocese.

# **OBJECTIVE Y/YA 5.1**

Create a consultative body to help guide the ministry of the archdiocesan agency and provide input to the Office of the Archbishop.

#### **ACTION STEPS:**

Y/YA 5.1.1 Create an advisory board of clergy and lay leaders, appointed by the Archbishop, responsible for counsel and guidance to the Office of Youth and Young Adults.

Begin: Summer 2020 Complete: Fall 2020

(Office of the Archbishop | Office of Youth and Young Adults)

YA 5.1.2 Create a board of young adults, appointed by the Archbishop, to plan and promote the growth of young adult ministry in the Archdiocese.

Begin: Summer 2020 Complete: Fall 2020

(Office of the Archbishop | Office of Youth and Young Adults)

# **OBJECTIVE Y/YA 5.2**

Conduct regular evaluations of events and programs and share the results with parish and school youth leaders.

#### **ACTION STEPS:**

Y/YA 5.2.1 Create a review process to assist parishes and schools in evaluating their programs for young Catholics.

Begin: Summer 2020 Complete: Spring 2021

(Office of Youth and Young Adults | Catholic Schools Office)

Y/YA 5.2.2 Develop a best practices resource to help parishes and schools wanting to learn ways to enhance their youth programs.

Begin: Spring 2022 Complete: Fall 2022

(Office of Youth and Young Adults | Catholic Schools Office)

Y/YA 5.2.3 Create a review process to assist the Office of Youth and Young Adults in evaluating its programs that serve parishes and schools.

Begin: Spring 2020 Complete: Fall 2020

(Office of Youth and Young Adults | Office of the Archbishop)



# YOUTH AND YOUNG ADULT MINISTRY TASK FORCE MEMBERS

#### Fr. Bill Burks

Pastor, St. Lawrence Church Chaplain, Holy Cross High School

#### Fr. Adam Carrico

Pastor, Church of the Ascension Chaplain, Young Catholic Professionals

# Mia Cooper

Immaculate Heart of Mary Church, Youth Ministry Leader

#### Karl Dolson

Archdiocese of Louisville Director, Office of Youth and Young Adults

#### Mary Emrich

Trinity High School, Director of Campus Ministry

#### Tasha Gordon

Epiphany Catholic Church Pastoral Minister of Youth and Young Adults

#### Tink Guthrie

Vice Chancellor, Archdiocese of Louisville

#### Fr Jason Harris

Pastor, St. Thomas Church and St. Monica Church Chaplain, Bethlehem High School

#### Deacon Andy Heinsohn

Holy Trinity Church and Holy Name Church Campus Minister, University of Louisville

#### Joshua Huff

St. Edward Church, Director of Youth Ministry and Youth Catechesis

#### Erin Maguire-Osting

DeSales High School, Coordinator of Campus Ministry

# Fr. John Pozhathuparambil, OFM Conv.

Holy Family Parish Campus Minister, Bellarmine University

# Dr. Brian Reynolds

Chancellor Archdiocese of Louisville

# Fr. Mike Tobin

Pastor, Church of the Annunciation and St. John Chrysostom

#### Elizabeth Williams

Immaculate Conception (*LaGrange*), Director of Youth Ministry

#### Laura Zoeller

Archdiocese of Louisville Associate Director, Office of Youth and Young Adults



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