



Archbishop Shelton's Pastoral Reflections

March 5, 2024

Comfort My People

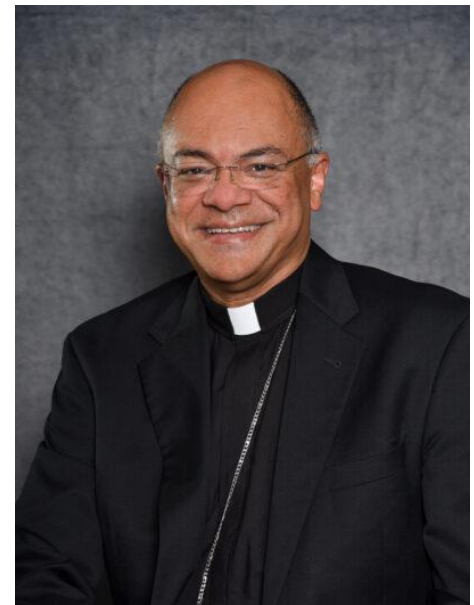
My Dear Sisters and Brothers in Christ,

Lent is the time of year when the Church encourages us to do a thorough examination of our spiritual health, and then to take whatever steps are necessary to let the healing power of Jesus make us whole again. The six and a half weeks of Lent provide a structure for diagnosing the symptoms, and the root causes, of our sinfulness. During this special time of year, the Church encourages us to take advantage of the healing power of the sacraments, especially the Sacrament of Reconciliation, to admit our selfishness and sin (confession), to experience a change of heart (conversion), to deny ourselves (penance), and to change the way we live (healing).

Through the Sacrament of Reconciliation, we allow Jesus to enter into our hearts and cleanse us of all the impurities—large and small—that have built up over time. We present ourselves to him for the healing of both our symptoms and their root causes.

Jesus Christ is the Divine Physician of body and soul. In His Incarnation, Jesus reached out, by word and deed, to heal those with illnesses of the body and sicknesses of the soul. In His passion, death, and resurrection, He conquered sin and death, and He became the source of ultimate healing for all. Through the Holy Spirit, Jesus gave the Apostles a share in His very life, so that the healing power of His words and deeds might continue to be present to the world through them. And through the sacraments, Jesus himself continues to be present in every time and place, healing us and drawing us into the communion that He shares with the Father and the Spirit.

During this Lent, this season of healing, I want to remind every baptized Catholic in the Archdiocese of Louisville of the great gifts of cleansing and healing that are available to us in the Sacrament of Reconciliation. Through this great sacrament, the Divine

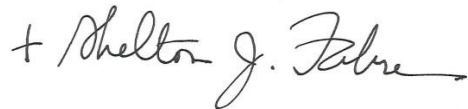


Physician invites us to a healing that brings reconciliation and communion—with God, with each other, and with ourselves in our inmost being.

I sincerely hope that each of us will use this time of prayer, fasting, and almsgiving to come to know the depth of God's love for us. And, in a special way, I hope that this Lent will be a time when each of us rediscovers the special healing power that is available to us through the Sacrament of Reconciliation.

This Holy Saturday, March 30, is the second anniversary of my installation as Archbishop of Louisville. Please pray for me as I certainly will pray for you.

Sincerely in the Lord,

A handwritten signature in black ink, reading "+ Shelton J. Fabre". The signature is written in a cursive style, with a cross symbol at the beginning.

Most Reverend Shelton J. Fabre
Archbishop of Louisville

A Message from Pope Francis: Words of Challenge and Hope Through the Desert God Leads us to Freedom

Dear brothers and sisters!

When our God reveals himself, his message is always one of freedom...

The call to freedom is a demanding one. It is not answered straightaway; it has to mature as part of a journey. Just as Israel in the desert still clung to Egypt – often longing for the past and grumbling against the Lord and Moses – today too, God’s people can cling to an oppressive bondage that it is called to leave behind. We realize how true this is at those moments when we feel hopeless, wandering through life like a desert and lacking a promised land as our destination. Lent is the season of grace in which the desert can become once more – in the words of the prophet Hosea – the place of our first love (cf. Hos 2:16-17). God shapes his people, he enables us to leave our slavery behind and experience a Passover from death to life. Like a bridegroom, the Lord draws us once more to himself, whispering words of love to our hearts.



(CNS photo/Lola Gomez)

The exodus from slavery to freedom is no abstract journey. If our celebration of Lent is to be concrete, the first step is to desire to open our eyes to reality. When the Lord calls out to Moses from the burning bush, he immediately shows that he is a God who sees and, above all, hears: “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey” (Ex 3:7-8).

Today too, the cry of so many of our oppressed brothers and sisters rises to heaven. Let us ask ourselves: Do we hear that cry? Does it trouble us? Does it move us? All too many things keep us apart from each other, denying the fraternity that, from the beginning, binds us to one another...

The witness of many of my brother bishops and a great number of those who work for peace and justice has increasingly convinced me that we need to combat a deficit of hope that stifles dreams and the silent cry that reaches to heaven and moves the heart

of God. This “deficit of hope” is not unlike the nostalgia for slavery that paralyzed Israel in the desert and prevented it from moving forward. An exodus can be interrupted: how else can we explain the fact that humanity has arrived at the threshold of universal fraternity and at levels of scientific, technical, cultural, and juridical development capable of guaranteeing dignity to all, yet gropes about in the darkness of inequality and conflict.

God has not grown weary of us. Let us welcome Lent as the great season in which he reminds us: “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery” (Ex 20:2). Lent is a season of conversion, a time of freedom. Jesus himself, as we recall each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters. The desert is the place where our freedom can mature in a personal decision not to fall back into slavery. In Lent, we find new criteria of justice and a community with which we can press forward on a road not yet taken.

This, however, entails a struggle, as the book of Exodus and the temptations of Jesus in the desert make clear to us. The voice of God, who says, “You are my Son, the Beloved” (Mk 1:11), and “You shall have no other gods before me” (Ex 20:3) is opposed by the enemy and his lies. Even more to be feared than Pharaoh are the idols that we set up for ourselves; we can consider them as his voice speaking within us. To be all-powerful, to be looked up to by all, to domineer over others: every human being is aware of how deeply seductive that lie can be. It is a road well-travelled. We can become attached to money, to certain projects, ideas or goals, to our position, to a tradition, even to certain individuals. Instead of making us move forward, they paralyze us. Instead of encounter, they create conflict. Yet there is also a new humanity, a people of the little ones and of the humble who have not yielded to the allure of the lie. Whereas those who serve idols become like them, mute, blind, deaf and immobile (cf. Ps 114:4), the poor of spirit are open and ready: a silent force of good that heals and sustains the world.

It is time to act, and in Lent, to act also means to pause. To pause in prayer, in order to receive the word of God, to pause like the Samaritan in the presence of a wounded brother or sister. Love of God and love of neighbor are one love. Not to have other gods is to pause in the presence of God beside the flesh of our neighbor. For this reason, prayer, almsgiving and fasting are not three unrelated acts, but a single movement of openness and self-emptying, in which we cast out the idols that weigh us down, the attachments that imprison us. Then the atrophied and isolated heart will revive. Slow down, then, and pause! The contemplative dimension of life that Lent helps us to rediscover will release new energies. In the presence of God, we become brothers and sisters, more sensitive to one another: in place of threats and enemies, we discover

companions and fellow travelers. This is God's dream, the promised land to which we journey once we have left our slavery behind.

The Church's synodal form, which in these years we are rediscovering and cultivating, suggests that Lent is also a time of communitarian decisions, of decisions, small and large, that are countercurrent. Decisions capable of altering the daily lives of individuals and entire neighborhoods, such as the ways we acquire goods, care for creation, and strive to include those who go unseen or are looked down upon. I invite every Christian community to do just this: to offer its members moments set aside to rethink their lifestyles, times to examine their presence in society and the contribution they make to its betterment. Woe to us if our Christian penance were to resemble the kind of penance that so dismayed Jesus. To us too, he says: "Whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting" (Mt 6:16). Instead, let others see joyful faces, catch the scent of freedom and experience the love that makes all things new, beginning with the smallest and those nearest to us. This can happen in every one of our Christian communities.

To the extent that this Lent becomes a time of conversion, an anxious humanity will notice a burst of creativity, a flash of new hope. Such is the courage of conversion, born of coming up from slavery. For faith and charity take hope, this small child, by the hand. They teach her to walk, and at the same time, she leads them forward.

I bless all of you and your Lenten journey.

(A selection from the Holy Father's 2024 Lenten Message)

My Prayer for You

Please join me in this **Prayer for Peace** by Pope Francis:

Lord God of peace, hear our prayer!

We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms. How many moments of hostility and darkness have we experienced; how much blood has been shed; how many lives have been shattered; how many hopes have been buried... But our efforts have been in vain.

Now, Lord, come to our aid! Grant us peace, teach us peace; guide our steps in the way of peace. Open our eyes and our hearts and give us the courage to say: “Never again war!”; “With war everything is lost”. Instill in our hearts the courage to take concrete steps to achieve peace.

Lord, God of Abraham, God of the Prophets, God of Love, you created us, and you call us to live as brothers and sisters. Give us the strength daily to be instruments of peace; enable us to see everyone who crosses our path as our brother or sister. Make us sensitive to the plea of our citizens who entreat us to turn our weapons of war into implements of peace, our trepidation into confident trust, and our quarreling into forgiveness.

Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation. In this way may peace triumph at last, and may the words “division”, “hatred” and “war” be banished from the heart of every man and woman. Lord, defuse the violence of our tongues and our hands. Renew our hearts and minds, so that the word which always brings us together will be “brother”, and our way of life will always be that of: Shalom, Peace, Salaam!

Amen.