

Confirmation Curriculum Comparison Chart

Title (Most Current Copyright)	Publisher	Format		Length	Age Range		Features												Topics Covered												Overall Rating								
		Textbook	Handouts		# of chapters/sessions	Jr. High	High School	Sponsor Materials	Candidate Journal	CCC References	Scripture References	Other Doctrinal References	Prayer Rituals	Appendix (prayers, glossary, etc)	Variety of Teaching Styles	Life/Family Connections	Role of the Sponsor	Prayer	Liturgy/Eucharist	Saints and/or Conf. Names	Sin & Morality	Reconciliation	Sac. Of Initiation	Gifts of The Holy Spirit	Fruits of the Holy Spirit	Symbols of Confirmation	Confirmation Ritual	Retreat Component	Justice and Service	Beautitudes		Mystagogy	Bishop's Approval						
Adventure Catechism Series: Confirmation	A.C. Media																																						
<p>Notes: Not yet reviewed. It is listed on USCCB Conformity listing, but website says it is not yet available. Looks like it will likely be an online platform with textbooks and supplementary resources.</p>																																							
Anointed in the Spirit (2010/2011)	Saint Mary's Press	X		8/10	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4		
<p>Notes: Offers two mystagogy sessions! Mention is made of the value of service and retreat, but there are no resources provided. Program Director Manual available.</p>																																							
Believe - Celebrate - Live: Confirmation (2018)	Sadlier Religion	X		6	7-10th			X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4		
<p>Notes: Bi-lingual text available. Incorporates Saints, praying with Sacred Art (Visio Divina), has a CD of music to accompany prayer experiences,</p>																																							
Call to Celebrate Confirmation (2011)	OSV Curriculum	X		8(16)	X	X	X		HS	X	HS	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	5		
<p>Notes: Bi-lingual text available. Thorough and comprehensive approach with variety. SourceBook contains helpful supplements for parents, sponsors, & whole community. CD, DVD, & online resources available but are not very engaging for young people. HS edition has good, age-appropriate inventories and assesments, as well as references to CCC & other church documents/writings.</p>																																							
Called to Mercy (2018)	Saint Mary's Press	--	--	5/10	Either			X	X	X	X		X	X	X	X	X	X	X	X		X		X	X	X	X	X	X	X	X	X	X	X	X	4			
<p>Notes: This curriculum is entirely online, is video-based, and requires program director, catechists, and candidates to have access to internet (computer, tablet, smartphone). Utilizes 10 online modules "hosted" by young adults, 5 gathered sessions, and a retreat. Teaching videos by Bishop Caggiano are excellent. Original music is current and youth-friendly (by generally well-known Catholic artists).</p>																																							
Chosen: Your Journey Towards Confirmation (2016)	Ascension Press	X		24	8-12th	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	5		
<p>Notes: Has Leader Guide, Student Workbook, Parent's Guide, Sponsor's Guide, 24-video DVD set, and online downloads incl. a Retreat, Rite of Welcome, Rite of Election, Penance Service, Interview, and more. Adaptable to a variety of different calendar layouts. Thorough and comprehensive.</p>																																							
Confirmation (2007/2013)	RCL Benzinger	X		8	Either	X		X	X	X	X	X	X	X		X	X	X			X	X		X	X	X	X	X	X	X	X	X	X	X	X	4			
<p>Notes: Available in Spanish. Good overview of Confirmation and theology. Some journalling space in candidate book. Online resources for teens & adults available. Has a good Q&A section at end on Catholic beliefs. Retreat & mystagogy resources in director's manual.</p>																																							

Title (Most Current Copyright)	Publisher	Format		Length	Age Range		Features										Topics Covered												Overall Rating			
		Textbook	Handouts		# of chapters/sessions	Jr. High	High School	Sponsor Materials	Candidate Journal	CCC References	Scripture References	Other Doctrinal References	Prayer Rituals	Appendix (prayers, glossary, etc)	Variety of Teaching Styles	Life/Family Connections	Role of the Sponsor	Prayer	Liturgy/Eucharist	Saints and/or Conf Names	Sin & Morality	Reconciliation	Sac. Of Initiation	Gifts of The Holy Spirit	Fruits of the Holy Spirit	Symbols of Confirmation	Confirmation Ritual	Retreat Component		Justice and Service	Beautitudes	Mystagogy
Confirmed in a Faithful Community (2006)	Saint Mary's Press	X		22/9		X	X		X	X	X	X	X	X		X	X		X		X	X		X	X		X	X	X	X	X	4
Notes: Extended & Immediate Prepartation formats available. Comprehensive in presenting Church teaching. Youth Ministry meeting format friendly, covers areas of Invitation, Formation, Reflection, and Mission. (Immediate Prep focus on Reflection.) Coordinators Manual & Sponsor Guide also available. Significant appendix and glossary. Journallying space for each session. One mystagogy session in catechist guide.																																
Confirmed in the Spirit (2013)	Loyola	X		8(16)	X		X	X	X	X		X	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	5	
Notes: Available in Spanish. Director guide includes retreat & mystagogy resources. Good overview of theology in light of Confirmation. Very good review/quiz pages at the end of each lesson. Thorough and appealing "Catholic Beliefs & Practices" appendix. Website, Resource DVD, and Sponsor/Candidate magazine available. 2 additional "optional" sessions corresponding to Resource DVD videos.																																
Decision Point (2014)	Dynamic Catholic	X		12	8-12th		X	X	X	X	X	**		X		X	X	X	X	X	X	X	X	X	X		X		n/a*	4		
Notes: Has Imprimatur, but not on USCCB conformity list because it is video-based and not eligible for review. *Approved by Archbishop Kurtz for use within the Louisville Archdiocese. Includes Leader Guide, Student Workbook, and 6-DVD set. All materials and videos are also available FREE for download. Can be adapted to a variety of calendar layouts. Limited in teaching/learning styles. **Prayers, definitions, etc. not in separate appendix but are included throughout workbook.																																
Gifted with the Spirit: Confirmation (2018)	Pflaum		X	8	X	X	X		X	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4		
Notes: Text includes basic introduction to topics areas, but not in depth exploration. Catechist guide helps bring out lessons with additional outlines, resources and aides available. Catechist guide includes reproducible handouts for parents and/or sponsors.																																
Image of God Series (Confirmation) (2013)	Ignatius Press	X		8	X	(X)			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4		
Notes: Utilizes YouCat book as a parallel resource; creative use of "newspaper" articles on faith topics; prayer rituals for each session include reciting a provided prayer; teaching/learning style generally limited to read-discuss-answer questions though there are other activities & assignments included; touches on vocation, virtue; significant focus on apologetics; teachers manual includes interview and apologetics Q&A																																
Purpose (2019)	LifeTeen			24	X	X	X		X	X	X		X	X		X		X	X	X	X	X	X	X		X		n/a	--			
Notes: Has Nihil Obstat & Imprimatur, but not on USCCB conformity list b/c there is no textbook. It is an app-based platform (both Apple and Android) with a 24-session curriculum focused on the foundational questions "Why believe in God?", "Why trust Jesus?", and "Why belong to the Church?" It emphasizes relationship, transformation, discipleship, vocation, and evangelization. Supplemental resources include a 3 booklets on the 3 questions, a Bible companion, 100 Things Every Catholic Teen Should Know, 100 Saints Every Catholic Teen Should Know, and Story Guide for parents/sponsors to walk alongside.																																
Sealed in Fire: The Sacrament of Confirmation (2016)	Sophia Inst. Press		X	7	X				X	X			X					X			X	X	X	X			X	n/a	--			
Notes: Not on USCCB conformity list b/c there is no textbook. Incorporates Sacred art. Utilizes Sophia Institute Sketchpad videos. Can be used supplementally with any other curriculum. Geared for 5th-6th grade level, but can be used at any grade above that.																																

Title (Most Current Copyright)	Publisher	Format		Length	Age Range		Features										Topics Covered										Overall Rating					
		Textbook	Handouts		# of chapters/sessions	Jr. High	High School	Sponsor Materials	Candidate Journal	CCC References	Scripture References	Other Doctrinal References	Prayer Rituals	Appendix (prayers, glossary, etc)	Variety of Teaching Styles	Life/Family Connections	Role of the Sponsor	Prayer	Liturgy/Eucharist	Saints and/or Conf Names	Sin & Morality	Reconciliation	Sac. Of Initiation	Gifts of The Holy Spirit	Fruits of the Holy Spirit	Symbols of Confirmation		Confirmation Ritual	Retreat Component	Justice and Service	Beautitudes	Mystagogy
Send Out Your Spirit (2010)	Ave Maria Press	X		10	Either	X		X	X	X	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4
Notes: Thorough hexbook contains comprehensive approach to Catholic Theology in addition to sacramental preparation. Leaders guide is helpful and offers suggestions for different teaching formats and schedules. Each unit has an apologetics section. Textbook not very aesthetically engaging for teens.																																
The All-Purpose, Hands-on Conf. Dir. Manual (2010)	Pflaum	--	--	n/a	Either	X		X	X				X	X	X	X	X		X							X	X			n/a	--	
Notes: Has Nihil Obstat & Imprimatur, but not on USCCB conformity list because there is no textbook. Contains many helpful resources incl. suggested program time-lines, retreats, interviews, parent/sponsor meetings, parish connections, forms, reflection session outlines, candidate/sponsor covenants, reconciliation service, Mass planning sheets, resource CD, and more. SUPPLEMENTAL MATERIAL																																
The Sacrament of Confirmation (2011/2012)	New Hope Pub.	X		n/a	Either			X	X	X				X			X				X	X	X						X	2		
Notes: Catachism Q&A format. Good overview of the foundations of Catholic faith and salvation history following the tenets of the Creed. Updated version with updated Nicene Creed coming soon. Very little Confirmation-specific material. No accompanying catechist guide. Good for one-on-one use or as supplement to another curriculum. SUPPLEMENTAL MATERIAL.																																
The Sacrament of Confirmation: A Complete Preparation Course (2018)	Midwest Theological Forum	X		12+	Either			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4		
Notes: Has Nihil Obstat & Imprimatur. Very comprehensive with thorough content covering foundational information about the key beliefs of Christianity and the Catholic Church, salvation history, and more; many relevant sidebars on wide range of topics; beautiful artwork; includes many practical applications and Catholic Social Teaching; does not have supplemental materials for sponsors or parents, or a retreat.																																
Please see the USCCB website for updates on the conformity list.																																
http://www.usccb.org/about/evangelization-and-catechesis/subcommittee-on-catechism/upload/Current-Conformity-List.pdf																																