

Plenary Indulgence for the Year of St. Joseph

Granted by the Holy See for the Year of St. Joseph (December 8, 2020 to December 8, 2021)

The plenary indulgence is granted under to the faithful who, with a spirit detached from any sin, satisfy the usual conditions:

1. Sacramental confession
2. Eucharistic Communion
3. Prayer according to the intentions of the Holy Father, which may be fulfilled in any of the ways listed below:
 - Meditate for at least 30 minutes on the Our Father
 - Participate in a spiritual retreat of at least one day that includes a meditation on Saint Joseph
 - Perform a corporal or spiritual work of mercy
 - Recite the Holy Rosary in families and between the husband and wife
 - Entrust their work daily to the protection of Saint Joseph and to all believers who invoke with their prayers the intercession of the worker of Nazareth
 - Pray the litany of Saint Joseph, or some other prayer to Saint Joseph, for the persecuted Church and for the relief of all persecuted Christians
 - Pray any lawfully approved prayer or act of piety in honor of Saint Joseph, for example “To you oh blessed Joseph,” especially on:
 - March 19th (Solemnity of St. Joseph)
 - May 1st (Feast of St. Joseph the Worker)
 - December 26th (Feast of the Holy Family)
 - The 19th day of every month
 - Every Wednesday (a day dedicated to the memory of the Saint according to the Latin tradition)

The gift of plenary indulgence extends particularly to —

- The elderly
- The sick
- The dying
- All those who for legitimate reasons cannot leave their home