

PARISH ASH WEDNESDAY - 2020

Please see information about fasting and abstinence during Lent at the bottom of this chart. A separate chart for the Triduum/Easter will be published closer to the time of Holy Week.

Parish <i>(Louisville unless noted)</i>	Zip	Ash Wednesday
Cathedral of the Assumption	40202	11:00 a.m. 12:00 p.m. 5:30 p.m.
St. Agnes	40205	7:00 a.m. 9:00 a.m. 7:00 p.m.
St. Albert the Great	40222	8:30 a.m. 7:00 p.m.
All Saints, <i>Taylorsville</i>	40071	12:00 p.m. 7:00 p.m.
St. Aloysius, <i>Pewee Valley</i>	40056	8:15 a.m. 7:00 p.m.
St. Aloysius, <i>Shepherdsville</i>	40165	9:00 a.m. (St. Benedict) 6:00 p.m. (St. Aloysius)
St. Ambrose	42724	8:00 a.m. 5:30 p.m.
St. Ann, <i>Howardstown</i>	40051	5:00 p.m.
Annunciation, <i>Shelbyville</i>	40065	8:00 a.m. 6:30 p.m. 8:00 p.m. (Spanish)
Ascension	40220	8:15 a.m. 12:00 p.m. 7:00 p.m.
St. Athanasius	40219	8:00 a.m. 7:00 p.m.
St. Augustine, <i>Lebanon</i>	40033	7:00 a.m. 12:00 p.m. 7:00 p.m.
St. Augustine	40203	7:00 p.m. (at St. Martin de Porres)
St. Bartholomew	40218	12:00 p.m. 7:00 p.m. (Spanish)
St. Benedict, <i>Lebanon Junction</i>	40165	9:00 a.m.
St. Bernadette	40059	8:15 a.m. 12:00 p.m. 7:00 p.m.
St. Bernard, <i>Clements ville</i>	42539	9:00 a.m. (St. Bernard) 5:00 p.m. (Sacred Heart) 7:00 p.m. (St. Bernard)
St. Bernard	40228	7:00 a.m. 8:15 a.m. 6:30 p.m.
St. Boniface	40202	12:00 p.m.

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Parish <i>(Louisville unless noted)</i>	Zip	Ash Wednesday
St. Brigid	40204	12:00 p.m. 5:00 p.m.
St. Brigid, <i>Vine Grove</i>	40175	5:00 p.m.
St. Catherine, <i>New Haven</i>	40051	8:45 a.m. 7:00 p.m. (Latin Mass)
St. Charles, <i>St. Mary</i>	40033	6:00 p.m.
Christ the Healer, <i>Edmonton</i>	42129	9:00 a.m. CT
Christ the King	40211	7:00 p.m. (at St. Martin de Porres)
Christ the King, <i>Tompkinsville</i>	42167	6:00 p.m. CT (Tuesday)
St. Christopher, <i>Radcliff</i>	40160	6:00 p.m.
St. Dominic, <i>Springfield</i>	40069	8:30 a.m. 12:00 p.m. (Prayer Service and Distribution of Ashes) 5:30 p.m.
St. Edward	40299	8:00 a.m. 6:00 p.m.
St. Elizabeth Ann Seton	40229	8:30 a.m. 7:00 p.m.
St. Elizabeth of Hungary	40217	8:00 a.m. Our Mother of Sorrows 12:00 p.m. St. Therese of Lisieux 7:00 p.m. St. Elizabeth of Hungary
Emmanuel, <i>Albany</i>	42602	9:00 a.m. CT
Epiphany	40223	8:30 a.m. 7:00 p.m. (Prayer Service and Distribution of Ashes)
St. Frances of Rome	40206	8:30 a.m. 12:00 p.m. (Prayer Service and Distribution of Ashes) 12:30-5:00 p.m. (Ashes Only) 6:00 p.m.
St. Francis of Assisi	40205	8:30 a.m. (School Mass) 7:00 p.m.
St. Francis of Assisi, <i>St. Francis</i>	40037	7:00 p.m.
St. Francis Xavier, <i>Mt. Washington</i>	40047	7:00 p.m.
St. Francis Xavier, <i>Raywick</i>	40060	9:00 a.m.
St. Gabriel	40291	8:15 a.m. (All School Mass) 12:00 p.m. 7:00 p.m.
Good Shepherd, <i>Columbia</i>	42728	5:30 p.m. CT
Good Shepherd	40212	8:00 a.m. 6:00 p.m.
St. Gregory, <i>Samuels</i>	40013	8:45 a.m. 7:00 p.m.
Guardian Angels	40219	6:45 a.m. 12:00 p.m.

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Parish <i>(Louisville unless noted)</i>	Zip	Ash Wednesday
St. Helen, <i>Glasgow</i>	42141	8:00 a.m., CT 12:05 p.m., CT 6:00 p.m., CT (Spanish)
Holy Cross, <i>Burkesville</i>	42717	5:00 p.m., CT
Holy Cross, <i>Holy Cross</i>	40037	7:00 p.m. (St. Francis of Assisi, St. Francis)
Holy Family	40213	8:00 a.m. 12:00 p.m. 7:00 p.m.
Holy Name	40208	9:30 a.m. 7:00 p.m. (Spanish)
Holy Name of Mary, <i>Calvary</i>	40033	8:00 a.m. 6:00 p.m.
Holy Redeemer, <i>Greensburg</i>	42743	4:00 p.m. CT
Holy Rosary, <i>Manton</i>	40069	5:00 p.m.
Holy Rosary, <i>Springfield</i>	40069	5:30 p.m. CT
Holy Spirit, <i>Jamestown</i>	42629	12:00 p.m. CT 7:00 p.m. CT (Spanish)
Holy Spirit	40206	8:15 a.m. 6:00 p.m.
Holy Trinity, <i>Fredericktown</i>	40069	7:00 p.m.
Holy Trinity	40207	8:15 a.m. 12:00 p.m. 6:30 p.m.
St. Ignatius, <i>White Mills</i>	42788	10:00 a.m.
St. Ignatius Martyr	40219	5:00 p.m.
Immaculate Conception, <i>Culvertown</i>	40051	5:30 p.m. (Distribution of Ashes)
Immaculate Conception, <i>LaGrange</i>	40031	6:15 a.m. 8:00 a.m. 7:00 p.m.
Immaculate Heart of Mary	40211	7:00 p.m. (at St. Martin de Porres)
Incarnation	40216	8:00 a.m. 7:00 p.m.
St. James, <i>Elizabethtown</i>	42701	8:00 a.m. (School) 12:00 p.m. (Church) 6:30 p.m. (Church)
St. James	40204	8:30 a.m. 7:00 p.m.
St. John Chrysostom, <i>Eminence</i>	40065	7:00 p.m.
St. John Paul II	40220	8:15 a.m. (School Mass) 7:00 p.m.

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St. John the Apostle, <i>Brandenburg</i>	40108	8:00 a.m. 7:00 p.m. (Prayer Service & Distribution of Ashes)
St. John the Baptist, <i>Rineyville</i>	40162	7:00 p.m.
St. John Vianney	40214	8:00 a.m. 8:00 p.m.
St. Joseph Proto-Cathedral, <i>Bardstown</i>	40004	6:30 a.m. 9:30 a.m. (SJS) 11:00 a.m. (BHS) 7:00 p.m.
St. Joseph	40206	6:30 p.m.
St. Lawrence	40216	8:15 a.m. (School Mass) 7:00 p.m.
St. Leonard	40206	8:30 a.m. 6:00 p.m.
St. Louis Bertrand	40203	7:00 a.m. 12:00 p.m. 5:30 p.m.
St. Luke	40229	7:00 p.m.
St. Margaret Mary	40222	8:15 a.m. 12:00 p.m. 7:00 p.m.
St. Martha	40218	6:30 a.m. 8:00 a.m. 10:00 a.m. 7:00 p.m. (Stations & Ashes Only)
St. Martin de Porres	40211	7:00 p.m.
St. Martin of Tours, <i>Flaherty</i>	40175	9:00 a.m.
St. Martin of Tours	40202	8:00 a.m. 12:00 p.m. 7:00 p.m. (Extraordinary Form)
St. Mary Magdalen of Pazzi, <i>Payneville</i>	40157	6:30 p.m.
Mary Queen of Peace	40216	8:00 a.m. 6:00 p.m.
St. Michael	40299	8:15 a.m. 12:00 p.m. 6:00 p.m.
St. Michael, <i>Fairfield</i>	40020	6:30 p.m.
St. Monica, <i>Bardstown</i>	40004	9:30 a.m. 6:30 p.m.
Most Blessed Sacrament	40215	8:00 a.m.

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Parish <i>(Louisville unless noted)</i>	Zip	Ash Wednesday
Our Lady of Fatima, <i>Phillipsburg</i>	42718	5:30 p.m. (At Our Lady of the Hills) 7:30 p.m. (At Our Lady of Perpetual Help)
Our Lady of Lourdes	40207	7:00 a.m. 8:15 a.m. (School Mass) 12:00 p.m. 7:00 p.m.
Our Lady of Mercy	42748	7:00 p.m.
Our Lady of Mt. Carmel	40214	8:15 a.m. 12:00 p.m. (St. Thomas More) 7:00 p.m. (St. Thomas More)
Our Lady of Perpetual Help, <i>Campbellsville</i>	42718	5:30 p.m. (At Our Lady of the Hills) 7:30 p.m. (At Our Lady of Perpetual Help)
Our Lady of the Caves, <i>Horse Cave</i>	42749	6:00 p.m.
Our Lady of the Hills, Finley	42718	5:30 p.m. (At Our Lady of the Hills) 7:30 p.m. (At Our Lady of Perpetual Help)
Our Mother of Sorrows	40217	8:00 a.m. Our Mother of Sorrows 12:00 p.m. St. Therese of Lisieux 7:00 p.m. St. Elizabeth of Hungary
St. Patrick	40245	8:00 a.m. (School Mass) 7:00 p.m.
St. Paul	40258	8:15 a.m. 7:00 p.m. (Ashes Only)
St. Peter the Apostle	40272	8:00 a.m. (At St. Andrew Academy) 7:00 p.m. (At St. Peter the Apostle)
St. Raphael	40205	12:00 p.m. 7:00 p.m.
St. Rita	40219	8:00 a.m. 12:00 p.m. 7:00 p.m. (St. Luke) 7:30 p.m. (Spanish)
St. Rose, <i>Springfield</i>	40069	8:30 a.m. 7:00 p.m.
Sacred Heart, <i>Liberty</i>	42539	9:00 a.m. (St. Bernard, Clementsville) 5:00 p.m. (Sacred Heart) 7:00 p.m. (St. Bernard, Clementsville)
Sts. Simon and Jude	40215	6:00 p.m.
St. Stephen Martyr	40217	8:15 a.m. 6:30 p.m.
Saint Teresa of Calcutta	40118	12:00 p.m. 7:00 p.m.

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Parish <i>(Louisville unless noted)</i>	Zip	Ash Wednesday
St. Theresa, <i>Rhodelia</i>	40157	8:30 a.m.
St. Therese	40204	8:00 a.m. Our Mother of Sorrows 12:00 p.m. St. Therese of Lisieux 7:00 p.m. St. Elizabeth of Hungary
St. Thomas, <i>Bardstown</i>	40004	8:00 p.m.
St. Thomas More	40214	8:15 a.m. (OLMC) 12:00 p.m. 7:00 p.m.
St. Vincent de Paul, <i>New Hope</i>	40052	8:00 a.m. 6:30 p.m.
St. William	40210	6:30 p.m.

Fast and Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. (United States Conference of Catholic Bishops, <http://www.usccb.org/prayer-and-worship/liturgical-year/lent/catholic-information-on-lenten-fast-and-abstinence.cfm>)

For more information about fasting and abstinence during Lent, please see:

<http://www.usccb.org/prayer-and-worship/liturgical-year/lent/questions-and-answers-about-lent.cfm>