

PARISH ASH WEDNESDAY - 2019

Please see information about fasting and abstinence during Lent at the bottom of this chart. A separate chart for the Triduum/Easter will be published closer to the time of Holy Week.

| Parish <i>(Louisville unless noted)</i> | Zip | Ash Wednesday |
|--|-------|---|
| Cathedral of the Assumption | 40202 | 11:00 a.m. 12:00 p.m. 5:30 p.m. |
| St. Agnes | 40205 | 7:00 a.m. 9:00 a.m. (School Mass) |
| St. Albert the Great | 40222 | 8:30 a.m. 7:00 p.m. |
| All Saints, <i>Taylorsville</i> | 40071 | 12:00 p.m. 7:00 p.m. |
| St. Aloysius, <i>Pewee Valley</i> | 40056 | 8:15 a.m. 7:00 p.m. |
| St. Aloysius, <i>Shepherdsville</i> | 40165 | 6:30 p.m. |
| St. Ambrose | 42724 | 8:00 a.m. 5:30 p.m. |
| St. Ann, <i>Howardstown</i> | 40051 | 5:00 p.m. |
| Annunciation, <i>Shelbyville</i> | 40065 | 8:00 a.m. 6:30 p.m. 8:00 p.m. (Spanish) |
| Ascension | 40220 | 8:15 a.m. 12:00 p.m. 6:00 p.m. |
| St. Athanasius | 40219 | 8:00 a.m. 7:00 p.m. |
| St. Augustine, <i>Lebanon</i> | 40033 | 7:00 a.m. 12:00 p.m. 7:00 p.m. |
| St. Augustine | 40203 | 12:00 p.m. |

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|--|-------|--|
| St. Bartholomew | 40218 | 12:00 p.m. 7:00 p.m. (Bilingual Mass) |
| St. Benedict, <i>Lebanon Junction</i> | 40165 | 8:30 a.m. |
| St. Bernadette | 40059 | 8:15 a.m. 12:00 p.m. 7:00 p.m. |
| St. Bernard, <i>Clementsville</i> | 42539 | 12:00 p.m. (Prayer Service with Distribution of Ashes) |
| St. Bernard | 40228 | 7:00 a.m. (Prayer Service with Distribution of Ashes) 8:15 a.m. (Mass and Ashes) 7:00 p.m. (Mass and Ashes) |
| St. Boniface | 40202 | 12:00 p.m. |
| St. Brigid | 40204 | 12:00 p.m. 5:00 p.m. |
| St. Brigid, <i>Vine Grove</i> | 40175 | 5:00 p.m. |
| St. Catherine, <i>New Haven</i> | 40051 | 8:45 a.m. 7:00 p.m. (Latin Mass) |
| St. Charles, <i>St. Mary</i> | 40033 | 9:00 a.m. |
| Christ the Healer, <i>Edmonton</i> | 42129 | 9:00 a.m. |
| Christ the King | 40211 | 8:30 a.m. (Mass in Enrichment Center) |
| Christ the King, <i>Tompkinsville</i> | 42167 | 6:00 p.m. CT |
| St. Christopher, <i>Radcliff</i> | 40160 | 6:00 p.m. |
| St. Dominic, <i>Springfield</i> | 40069 | 6:15 a.m. 8:30 a.m. 6:00 p.m. |
| St. Edward | 40299 | 8:00 a.m. (All School Mass) 6:00 p.m. |

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| Parish <i>(Louisville unless noted)</i> | Zip | Ash Wednesday |
|--|-------|--|
| St. Elizabeth Ann Seton | 40229 | 8:30 a.m. 7:00 p.m. |
| St. Elizabeth of Hungary | 40217 | 6:00 p.m. |
| Emmanuel, <i>Albany</i> | 42602 | 9:00 a.m. Central Time |
| Epiphany | 40223 | 8:30 a.m. 7:00 p.m. (Prayer Service and Distribution of Ashes) |
| St. Frances of Rome | 40206 | 8:30 a.m. 12:00 p.m. (Prayer Service and Distribution of Ashes) 6:00 p.m. |
| St. Francis of Assisi | 40205 | 8:30 a.m. 1:00 p.m. 7:00 p.m. |
| St. Francis of Assisi, <i>St. Francis</i> | 40037 | 6:30 p.m. |
| St. Francis Xavier, <i>Mt. Washington</i> | 40047 | 7:00 p.m. |
| St. Francis Xavier, <i>Raywick</i> | 40060 | 6:00 p.m. |
| St. Gabriel | 40291 | 8:15 a.m. (All School Mass) 12:00 p.m. 7:00 p.m. |
| Good Shepherd, <i>Columbia</i> | 42728 | 9:00 a.m. |
| Good Shepherd | 40212 | 8:00 a.m. 6:00 p.m. |
| St. Gregory, <i>Samuels</i> | 40013 | 8:45 a.m. 7:00 p.m. |
| Guardian Angels | 40219 | 6:45 a.m. 2:00 p.m. |

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| Parish <i>(Louisville unless noted)</i> | Zip | Ash Wednesday |
|--|-------|--|
| St. Helen, <i>Glasgow</i> | 42141 | 7:00 a.m. (Prayer Service and Distribution of Ashes) 12:05 p.m. 6:00 p.m. 7:15 p.m. (Spanish) |
| Holy Cross, <i>Burkesville</i> | 42717 | 5:00 p.m., C.T. |
| Holy Cross, <i>Holy Cross</i> | 40037 | 9:00 a.m. (At Holy Cross) |
| Holy Family | 40213 | 8:00 a.m. 12:00 p.m. 7:00 p.m. |
| Holy Name | 40208 | 9:30 a.m. 7:00 p.m. (Spanish) |
| Holy Name of Mary, <i>Calvary</i> | 40033 | 8:00 a.m. 6:00 p.m. |
| Holy Redeemer, <i>Greensburg</i> | 42743 | 5:00 p.m. (Prayer Service with Distribution of Ashes) |
| Holy Rosary, <i>Manton</i> | 40069 | 5:00 p.m. |
| Holy Rosary, <i>Springfield</i> | 40069 | 7:00 p.m. |
| Holy Spirit, <i>Jamestown</i> | 42629 | 10:00 a.m. |
| Holy Spirit | 40206 | 7:00 a.m. (Prayer Service & Ashes) 8:15 a.m. (Mass) 1:30 p.m. (Prayer Service & Ashes) 6:00 p.m. (Mass) |
| Holy Trinity, <i>Fredericktown</i> | 40069 | 7:00 p.m. |
| Holy Trinity | 40207 | 8:15 a.m. 12:00 p.m. 6:30 p.m. |
| St. Ignatius, <i>White Mills</i> | 42788 | 7:00 p.m. |
| St. Ignatius Martyr | 40219 | 5:30 p.m. |

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|--|-------|---|
| Immaculate Conception, <i>Culvertown</i> | 40051 | 5:30 p.m. (Distribution of Ashes Only) |
| Immaculate Conception, <i>LaGrange</i> | 40031 | 8:00 a.m. 7:00 p.m. |
| Immaculate Heart of Mary | 40211 | See Christ the King, Louisville |
| Incarnation | 40216 | 8:00 a.m. 7:00 p.m. |
| St. James, <i>Elizabethtown</i> | 42701 | 8:00 a.m. (School) 12:15 p.m. (Church) 6:30 p.m. (Church) |
| St. James | 40204 | 8:30 a.m. 7:00 p.m. |
| St. John Chrysostom, <i>Eminence</i> | 40065 | 7:00 p.m. |
| St. John Paul II | 40220 | 8:15 a.m. (School Mass Goldsmith Lane Campus) 7:00 p.m. (Mass Hikes Lane Campus) |
| St. John the Apostle, <i>Brandenburg</i> | 40108 | 8:00 a.m. (Mass) |
| St. John the Baptist, <i>Rineyville</i> | 40162 | 7:00 p.m. |
| St. John Vianney | 40214 | 8:00 a.m. 8:00 p.m. |
| St. Joseph Proto-Cathedral, <i>Bardstown</i> | 40004 | 6:30 a.m. 9:30 a.m. 11:00 a.m. 7:00 p.m. |
| St. Joseph | 40206 | 6:30 p.m. |
| St. Lawrence | 40216 | 8:15 a.m. (School Mass) 7:00 p.m. |
| St. Leonard | 40206 | 8:30 a.m. 7:00 p.m. |

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| Parish <i>(Louisville unless noted)</i> | Zip | Ash Wednesday |
|--|-------|---|
| St. Louis Bertrand | 40203 | 7:00 a.m. 12:00 p.m. 5:15 p.m. |
| St. Luke | 40229 | 7:00 p.m. |
| St. Margaret Mary | 40222 | 7:00 a.m. (Communion Prayer Service) 8:15 a.m. (School Mass) 12:00 p.m. 7:00 p.m. |
| St. Martha | 40218 | 6:30 a.m. 8:00 a.m. 10:00 a.m. 7:00 p.m. (Stations & Ashes Only) |
| St. Martin de Porres | 40211 | 7:00 p.m. |
| St. Martin of Tours, <i>Flaherty</i> | 40175 | 8:00 a.m. |
| St. Martin of Tours | 40202 | 8:00 a.m. 12:00 p.m. 7:00 p.m. (Latin) |
| St. Mary Magdalen of Pazzi, <i>Payneville</i> | 40157 | 6:30 p.m. |
| Mary Queen of Peace | 40216 | 8:00 a.m. 6:00 p.m. |
| St. Michael | 40299 | 8:15 a.m. (Mass and Ashes) 1:00 p.m. (Prayer Service-School) 7:00 p.m. (Mass and Ashes) |
| St. Michael, <i>Fairfield</i> | 40020 | 7:00 p.m. |
| St. Monica, <i>Bardstown</i> | 40004 | 9:00 a.m. 8:00 p.m. |
| Most Blessed Sacrament | 40215 | 8:00 a.m. |

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| Parish <i>(Louisville unless noted)</i> | Zip | Ash Wednesday |
|---|-------|---|
| Our Lady of Fatima, <i>Phillipsburg</i> | 42718 | 5:30 p.m. (At Our Lady of Perpetual Help) 7:30 p.m. (At Our Lady of the Hills) |
| Our Lady of Lourdes | 40207 | 7:00 a.m. 8:15 a.m. (School Mass) 12:00 p.m. 7:00 p.m. |
| Our Lady of Mercy | 42748 | 7:00 p.m. |
| Our Lady of Mt. Carmel | 40214 | 8:15 a.m. |
| Our Lady of Perpetual Help, <i>Campbellsville</i> | 42718 | 5:30 p.m. (At Our Lady of Perpetual Help) 7:30 p.m. (At Our Lady of the Hills) |
| Our Lady of the Caves, <i>Horse Cave</i> | 42749 | 8:00 a.m. 6:30 p.m. |
| Our Lady of the Hills, <i>Finley</i> | 42718 | 5:30 p.m. (At Our Lady of Perpetual Help) 7:30 p.m. (At Our Lady of the Hills) |
| Our Mother of Sorrows | 40217 | 8:00 a.m. 12:00 p.m. (Benediction and Ashes) |
| St. Patrick | 40245 | 8:00 a.m. (School Mass) 7:00 p.m. |
| St. Paul | 40258 | 8:15 a.m. 7:00 p.m. |
| St. Peter the Apostle | 40272 | 8:00 a.m. (At St. Andrew Academy) 7:00 p.m. (At St. Peter the Apostle) |
| St. Raphael | 40205 | 8:15 a.m. (School Mass) 12:00 p.m. 7:00 p.m. |

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|--|-------|--|
| St. Rita | 40219 | 8:00 a.m. 12:00 p.m. 7:30 p.m. (Spanish) |
| St. Rose, <i>Springfield</i> | 40069 | 8:30 a.m. 7:00 p.m. |
| Sacred Heart, <i>Liberty</i> | 42539 | 12:00 p.m. (Prayer Service and Distribution of Ashes, at St. Bernard, Clementsville) |
| Sts. Simon and Jude | 40215 | 6:00 p.m. |
| St. Stephen Martyr | 40217 | 8:15 a.m. 6:30 p.m. |
| Saint Teresa of Calcutta | 40118 | 12:00 p.m. 7:00 p.m. |
| St. Theresa, <i>Rhodelia</i> | 40157 | 8:30 a.m. |
| St. Therese | 40204 | 8:00 a.m. (Mass with Ashes, Our Mother of Sorrows) 12:00 p.m. (Benediction with Ashes, Our Mother of Sorrows) 6:00 p.m. (Mass with Ashes, St. Elizabeth of Hungary) |
| St. Thomas, <i>Bardstown</i> | 40004 | 6:30 p.m. |
| St. Thomas More | 40214 | 12:00 p.m. 7:00 p.m. |
| St. Vincent de Paul, <i>New Hope</i> | 40052 | 8:00 a.m. 6:30 p.m. |
| St. William | 40210 | 7:00 p.m. |

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Fast and Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. (United States Conference of Catholic Bishops, <http://www.usccb.org/prayer-and-worship/liturgical-year/lent/catholic-information-on-lenten-fast-and-abstinence.cfm>)

For more information about fasting and abstinence during Lent, please see: <http://www.usccb.org/prayer-and-worship/liturgical-year/lent/questions-and-answers-about-lent.cfm>