Please see information about fasting and abstinence during Lent at the bottom of this chart. A separate chart for the Triduum/Easter will be published closer to the time of Holy Week.

Parish (Louisville unless noted)	Zip	Ash Wednesday
Cathedral of the Assumption	40202	11:00 a.m. 12:00 p.m. 5:30 p.m.
St. Agnes	40205	7:00 a.m. 9:00 a.m.
St. Albert the Great	40222	8:30 a.m. 7:00 p.m.
All Saints, Taylorsville	40071	7:00 p.m.
St. Aloysius, Pewee Valley	40056	8:15 a.m. 7:00 p.m.
St. Aloysius, Shepherdsville	40165	6:30 p.m.
St. Ambrose	42724	6:30 a.m.
St. Ann, Howardstown	40051	9:00 a.m. 5:00 p.m.
Annunciation, Shelbyville	40065	8:00 a.m. 6:30 p.m. 8:00 p.m. (Spanish)
Ascension	40220	8:15 a.m. 12:00 p.m. 7:00 p.m.
St. Athanasius	40219	8:00 a.m. 1:00 p.m. (Ashes Only) 7:00 p.m.
St. Augustine, <i>Lebanon</i>	40033	7:00 a.m. 12:00 p.m. 7:00 p.m.
St. Augustine	40203	12:00 p.m. 7:00 p.m.

St. Bartholomew	40218	8:00 a.m. 12:00 p.m. 7:00 p.m. (Spanish Mass)
St. Benedict, <i>Lebanon Junction</i>	40165	8:30 a.m.
St. Bernadette	40059	8:15 a.m. 12:00 p.m. 7:00 p.m.
St. Bernard, Clementsville	42539	9:00 a.m. (Chapel) 7:00 p.m. (Church)
St. Bernard	40228	7:00 a.m. (Prayer Service with Ashes) 8:15 a.m. (Mass and Ashes) 7:00 p.m. (Mass and Ashes)
St. Boniface	40202	12:00 p.m.
St. Brigid	40204	12:00 p.m. 5:00 p.m.
St. Brigid, Vine Grove	40175	5:30 p.m.
St. Catherine, New Haven	40051	8:45 a.m. 7:00 p.m.
St. Charles, St. Mary	40033	6:00 p.m.
Christ the Healer, Edmonton	42129	10:00 a.m. CT (Ashes Only)
Christ the King	40211	8:30 a.m. (Mass in Enrichment Center)
Christ the King, Tompkinsville	42167	6:30 p.m. CT (Ashes Only)

St. Christopher, <i>Radcliff</i>	40160	8:00 a.m. 5:00 p.m.
St. Dominic, Springfield	40069	6:15 a.m. 8:30 a.m. 6:00 p.m.
St. Edward	40299	8:00 a.m. (All School Mass) 6:00 p.m.
St. Elizabeth Ann Seton	40229	8:30 a.m. 7:00 p.m.
St. Elizabeth of Hungary	40217	6:00 p.m.
Emmanuel, <i>Albany</i>	42602	9:00 a.m. Central Time
Epiphany	40223	8:30 a.m. (Morning Prayer and Distribution of Ashes) 7:00 p.m. (Mass and Distribution of Ashes)
St. Frances of Rome	40206	8:30 a.m. 12:00 p.m. (Prayer Service) 6:00 p.m.
St. Francis of Assisi	40205	8:30 a.m. 6:00 p.m.
St. Francis of Assisi, St. Francis	40037	7:00 p.m. (At St. Francis) 9:00 a.m. (At Holy Cross)
St. Francis Xavier, Mt. Washington	40047	7:00 p.m.
St. Francis Xavier, Raywick	40060	9:00 a.m.

St. Gabriel	40291	8:15 a.m. (All School Mass) 12:00 p.m. 7:00 p.m.
Good Shepherd, <i>Columbia</i>	42728	6:30 p.m.
Good Shepherd	40212	8:00 a.m. 6:00 p.m.
St. Gregory, Samuels	40013	8:45 a.m. 7:00 p.m.
Guardian Angels	40219	6:45 a.m.
St. Helen, <i>Glasgow</i>	42141	12:05 p.m. 6:00 p.m.
Holy Cross, Burkesville	42717	5:00 p.m., C.T.
Holy Cross, Holy Cross	40037	9:00 a.m. (At Holy Cross) 7:00 p.m. (At St. Francis)
Holy Family	40213	8:00 a.m. 12:00 p.m. 7:00 p.m.
Holy Name	40208	8:15 a.m. (Prayer Service with Ashes) 7:00 p.m. (Bilingual Prayer Service with Ashes)
Holy Name of Mary, Calvary	40033	8:00 a.m. 6:00 p.m.
Holy Redeemer, Greensburg	42743	4:00 p.m.
Holy Rosary, Manton	40069	5:00 p.m. (Distribution of Ashes)
Holy Rosary, Springfield	40069	ТВА
Holy Spirit, Jamestown	42629	12:00 p.m.
Holy Spirit	40206	8:15 a.m.
Holy Trinity, Fredericktown	40069	10:00 a.m. (Mass) 6:30 p.m. (Mass)

Holy Trinity	40207	8:15 a.m. 12:00 p.m. 6:30 p.m.
St. Ignatius, White Mills	42788	6:30 p.m.
St. Ignatius Martyr	40219	5:30 p.m.
Immaculate Conception, Culvertown	40051	5:30 p.m.
Immaculate Conception, LaGrange	40031	8:00 a.m. 6:30 p.m. 8:00 p.m. (Spanish)
Immaculate Heart of Mary	40211	7:00 p.m.
Incarnation	40216	8:00 a.m. 7:00 p.m.
St. James, <i>Elizabethtown</i>	42701	8:00 a.m. 12:15 p.m. 6:30 p.m.
St. James	40204	8:30 a.m. 7:00 p.m.
St. John Chrysostom, Eminence	40065	7:00 p.m.
St. John Paul II	40220	8:15 a.m. (School Mass and Ashes, Goldsmith Lane Campus) 7:00 p.m. (Mass and Ashes, Hikes Lane Campus)
St. John the Apostle, <i>Brandenburg</i>	40108	8:00 a.m. (Mass) 7:00 p.m. (Liturgy of the Word/Ashes)
St. John the Baptist, Rineyville	40162	7:00 p.m.
St. John Vianney	40214	8:00 a.m. 8:00 p.m.

St. Joseph Proto-Cathedral, Bardstown	40004	6:30 a.m. 9:30 a.m. 11:00 a.m. 7:00 p.m.
St. Joseph	40206	6:30 p.m.
St. Lawrence	40216	8:15 a.m. (School Mass) 7:00 p.m.
St. Leonard	40206	8:30 a.m. 7:00 p.m.
St. Louis Bertrand	40203	7:00 a.m. 12:00 p.m. 5:15 p.m.
St. Luke	40229	7:00 p.m.
St. Margaret Mary	40222	8:15 a.m. 12:00 p.m. 7:00 p.m.
St. Martha	40218	6:30 a.m. 8:00 a.m. 10:00 a.m. 7:00 p.m. (Stations & Ashes)
St. Martin de Porres	40211	7:00 p.m.
St. Martin of Tours, Flaherty	40175	9:30 a.m. 6:30 p.m.
St. Martin of Tours	40202	8:00 a.m. 12:00 p.m. 7:00 p.m.
St. Mary Magdalen of Pazzi, Payneville	40157	7:00 p.m.
Mary Queen of Peace	40216	8:00 a.m. (Mass) 7:00 p.m. (Distribution of Ashes And Stations of the Cross)

St. Michael	40299	8:15 a.m. (Mass and Ashes) 9:30 a.m. (Prayer Service-Children) 7:00 p.m. (Mass and Ashes)
St. Michael, <i>Fairfield</i>	40020	TBA
St. Monica, Bardstown	40004	7:00 p.m.
Most Blessed Sacrament	40215	8:00 a.m.
Our Lady of Fatima, <i>Phillipsburg</i>	42718	5:30 p.m. (At Our Lady of the Hills) 7:30 p.m. (At Our Lady of Perpetual Help)
Our Lady of Lourdes	40207	7:00 a.m. 8:15 a.m. 12:00 p.m. 7:00 p.m.
Our Lady of Mt. Carmel	40214	12:00 p.m. & 7:00 p.m. at St. Thomas More
Our Lady of Perpetual Help, Campbellsville	42718	5:30 p.m. (At Our Lady of Perpetual Help) 7:30 p.m. (At Our Lady of the Hills)
Our Lady of the Caves, Horse Cave	42749	9:00 a.m. 6:30 p.m.
Our Lady of the Hills, Finley	42718	5:30 p.m. (At Our Lady of Perpetual Help) 7:30 p.m. (At Our Lady of the Hills)
Our Mother of Sorrows	40217	8:00 a.m. 12:00 p.m. (Benediction and Ashes)
St. Patrick	40245	8:00 a.m. (School Mass) 7:00 p.m.
St. Paul	40258	8:15 a.m. (Mass) 7:00 p.m. (Service)

St. Peter the Apostle	40272	8:00 a.m. (At St. Andrew Academy) 7:00 p.m. (At St. Peter the Apostle)
St. Raphael	40205	12:00 p.m. 7:00 p.m.
St. Rita	40219	8:00 a.m. 12:00 p.m. 7:30 p.m. (Spanish)
St. Rose, Springfield	40069	TBA
Sacred Heart, Liberty	42539	5:00 p.m.
Sts. Simon and Jude	40215	7:00 p.m.
St. Stephen Martyr	40217	8:15 a.m. 6:30 p.m.
Saint Teresa of Calcutta	40118	12:00 p.m. 7:00 p.m.
St. Theresa, Rhodelia	40157	8:30 a.m.
St. Therese	40204	8:00 a.m. (At Our Mother of Sorrows) 12:00 p.m. (Benediction and Ashes at Our Mother of Sorrows)
St. Thomas, Bardstown	40004	8:00 a.m. 7:00 p.m.
St. Thomas More	40214	12:00 P.m. 7:00 p.m.
St. Vincent de Paul, New Hope	40052	8:00 a.m. 6:30 p.m.
St. William	40210	6:00 p.m. (Prayer Service with Ashes Distribution)

Fast and Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. (United States Conference of Catholic Bishops, http://www.usccb.org/prayer-and-worship/liturgical-year/lent/catholic-information-on-lenten-fast-and-abstinence.cfm

For more information about fasting and abstinence during Lent, please see: http://www.usccb.org/prayer-and-worship/liturgical-year/lent/questions-and-answers-about-lent.cfm