Referral Resources

REFERRAL RESOURCES

The following Ministry Training Opportunities are listed alphabetically for your convenience. Below is the list of ministries included in this section.

SERVICES

Adoption and Maternity Services Adult Chemical Dependency Adult Children of Alcoholics **AIDS/HIV Support Services** Alcohol Education and Treatment Alcohol Recovery Bereavement Services **Divorce Support Domestic Violence** Emergency Assistance Family Counseling Services Food Assistance Homeless Ministry Marriage Counseling Migration and Refugee Services Respect Life Ministry Senior Services

REFERRAL INFORMATION

Adoption & Maternity Services

Catholic Charities (502) 637-9786 Provides information regarding adoption and maternity services.

Adult Chemical Dependency

Caritas Peace Center Provides intensive outpatient chemical dependency services for adults. Jefferson County (502) 451-3333 Nelson County (502) 348-5454

Society of St. Vincent De Paul (502) 584-2480 Provides a halfway house for those recovering from alcoholism or drug addiction.

Adult Children of Alcoholics

Caritas Peace Center

Provides an education and mutual support group for adults who were raised in a family in which one or both parents were alcoholics.

Jefferson County(502) 451-3333Nelson County(502) 348-5454

AIDS/HIV Support Services

House of Ruth (502) 587-5080 Provides assistance for women, children, and families affected by HIV and AIDS

Alcohol Education & Treatment

Caritas Peace Center

Provides pre-treatment education for adolescents in the pre-alcoholic or preaddict stages with high denial level. Jefferson County (502) 451-3333 Nelson County (502) 348-5454

Compassion

Compassion is vital in all healing work. It is the ability to be totally present for the person in the moment, in the pain. It is not sympathy, or pity, but rather a 'feeling with' the person. This allows us to hear but not judge.

Alcohol Education & Treatment continued...

Alcohol Recovery

Alcoholics Anonymous (502) 582-1849 Offers 12-step help program for recovery from alcohol.

Caritas Peace Center

Alcohol/Drug and Substance AbuseJefferson County(502) 451-3333Nelson County(502) 348-5454

Bereavement Services

Catholic Family Center (502) 636-0296 Provides a variety of programs for those suffering from the loss of a loved one.

Divorce Support

Catholic Family Center (502) 636-0296 Provides programs and support for divorced or separated persons.

Domestic Violence

Cabinet for Families

Protective service agency reference for abused/neglected children and adults.
Elizabethtown, KY (270) 766-5099
Brandenburg, KY (270) 422-3942

Center for Women & Families (502) 581-7200 Provides services to victims of domestic violence and sexual abuse in Shelby County

Children First Crisis Services (502) 584-8505 Provides crisis response for child sexual abuse victims and their families.

Hope

Holding hope is crucial, although it may be something you never verbalize to the person. Those that trust that there is a core in each of us that wants us to be healed and whole transmit through the unspoken word an optimism that can carry the person during times of despair.

Listening

Listen with both your ears and heart. An effective listener is truly attentive to the speaker. Allowing the person to speak by not changing the subject or making a joke to relieve tension. They remain focused on the speaker without planning their response or anticipating what the speaker will say before it is said.

Domestic Violence continued . . .

The Caring Place (270) 692-9300 Center for abused women and children, serving Marion, Nelson, Taylor, and Washington County.

Emergency Assistance

Bethany Haven (502) 348-1878 Provides temporary shelter for the homeless in Nelson County.

Breckinridge County Community Action (270) 756-6813 Emergency assistance, utilities, rent, food bank and other services for Breckinridge County.

Grayson County Community Action (270) 259-3500 Emergency assistance, utilities, rent, food bank and other services for Grayson County

Hardin County Community Action (270) 769-1927 Helping Hand *Emergency assistance, utilities, rent,* food bank and other services for Hardin County.

Marion County Community Action (270) 692-2136 Emergency assistance, utilities, rent, food bank and other services for Marion County.

Sister Visitor Center (502) 776-0434 Provides emergency assistance to west Louisville residents living within and are bordered by the Ohio River, Broadway and 9th Street. Provides groceries, clothing, personal and household goods, and financial assistance.

Neutrality

Neutrality can be difficult for many of us. We want people to get better, and can experience negative counter transference when they don't. The key here is to be non-judgmental, and detached as to the outcome. This breaks the cycle in which we can become the enabler. The person must know you care, but ultimately must undertake the healing journey for themselves, not to please you.

Emergency Assistance continued . . .

Society of St. Vincent de Paul (502) 584-2480 Provides emergency shelter beds for men and women.

Washington County Community Action (859) 336-7766 Emergency assistance, utilities, rent, food bank and other services for Washington County.

Family Counseling Services

Catholic Family Center (502) 636-1044 Provides counseling and referral services.

Food Assistance

Cathedral of the Assumption (502) 582-2971 Provides lunch on a daily basis for those in need.

- Catholic Charities (502) 637-9786 Provides emergency food assistance to those in need.
- County Community Action Provides emergency food assistance to those in need

(270) 756-6813
(270) 259-3500
(270) 769-1927
(270) 692-2136
(859) 336-7766

- Society of St. Vincent de Paul (502) 584-2480 Provides meals to anyone in need
- St. Anthony's Soup Kitchen (502) 584-9075 Serves free lunch to those in need.

Wayside Christian Mission (502) 584-3711 Provides three free meals seven days a week for homeless and those in need.

Effective Listening

- Acknowledge the person's feelings.
- Remain focused on the speaker and <u>their</u> experience.
- Paraphrase and ask clarifying questions.
- Give up your need to be right and listen to the person's point of view.
- Observe, the words you hear are only part of the story.

Homeless Ministry

Bethany Haven (502) 348-1878 Provides temporary shelter for the homeless in Nelson County.

Salvation Army (812) 944-1018 Provides temporary lodging for the homeless.

St. John Day Center (502) 568-6758 Provides daytime shelter for homeless adults.

- Society of St. Vincent de Paul (502) 584-2480 Provides transitional housing for single parent homeless families.
- Wayside Christian Mission (502) 584-3711 Provides emergency and day shelter for homeless men and women.

Marriage Counseling

Catholic Family Center (502) 636-1044 Provides marriage counseling and referral services.

Migration and Refugee Services

Catholic Charities (502) 637-9786 Provides assistance to refugees in resettling.

Centro Latino (502) 647-3349 Provides information, referral services and emergency assistance to the Latino community in **Shelby County**.

Respect Life Ministry

Opportunities for Life (502) 223-5330 Provides hope and help for those experiencing untimely pregnancies. 24 hour hotline 1-800-822-5824

Project Rachel (502) 637-9786 A pastoral outreach for those who have had an abortion experience.

Senior Services

Catholic Charities (502) 637-9786 To assist parishes to help older persons and their families through education, program development, and training.

Community Action Council *To provide emergency services for the elderly. Marion County* (270) 692-2136 *Washington County* (859) 336-7766

Helping Hand (270) 769-3092 To provide emergency services for the elderly of Hardin County.

Senior Citizen CenterProvides transportation, congregatemeals, home delivered meals, food,information, and referral services.Hardin County(270) 765-2573Larue County(270) 358-4235Marion County(270) 692-6591Meade County(270) 422-3497Washington County(859) 336-7766

Companioning

Do not walk behind me I may not lead

Do not walk in front of me I may not follow

Just walk beside me, and be my friend.