

# Family Life

... providing information and resources to help parish staffs better partner with households of faith.

July - August 2014

Marriage & Family

+ PASTORAL CARE +

Pro-Life

COUNSELING SERVICES

"Holy Family of Nazareth, may the approaching Synod of Bishops make us once more mindful of the sacredness and inviolability of the family, and its beauty in God's plan."

> **Pope Francis** (12/26/13 address)

Find more information on the Synod process at:

www.vatican.va/roman\_curia/ synod/index.htm

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send your email address to family@archlou.org.

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### " ... family is holy

Not because it is perfect but because God's grace is at work... helping it to set out anew... everyday... on the way of love."

> Follow the Way of Love Pastoral Message of the U.S. Catholic Bishops

## Marriage & Family Enrichment

contact: Sue Brodfehrer, sbrodfehrer@archlou.org

VIII World Meeting of Families - September 22 - 27, 2015

Hopefully many of our Archdiocesan families will be able to participate in this world meeting. Watch for more information this fall from the Family Ministries Office as to how to make this a possibility for your parish families.

Archbishop Charles J. Chaput, O.F.M. Cap. and Archbishop Vincenzo Paglia, President of the Pontifical Council for the Family, along with World Meetings of Families - Philadelphia 2015, announced the official theme for the Eighth World Meeting of Families: "Love is our mission: the family fully alive." Inspired



by the words of the early Church father, St. Irenaeus, "the glory of God is man fully alive," the conference theme reflects the central role of the family in teaching people how to receive and give love.

..."His Holiness, Pope Francis embodies the message of mercy, joy and love that lies at the heart of the Gospel," said Archbishop Chaput. "His compassion for the genuine needs of people around the world and his deep care for the institution of the family have inspired our theme. It not only reminds each of us that love should be our life's 'mission' but that also it is the engine of life. Our goal for the 2015 World Meeting of Families is to create a moment of hope and celebration for all of the world's families-a moment in which we hope Pope Francis will join."

The role of the family has surfaced often within Pope Francis' papacy. The theme will serve to drive catechetical content and programming for the World Meeting of Families.... Nearly 100 speakers are expected to be part of this international conference, which typically draws thousands of attendees from more than 150 nations.

Archbishop Chaput further commented, "The Holy Father has stressed that our task in planning this event is to show the world God's shining plan for families. 'Love is our mission: the family fully alive' is a theme that resonates not just with Catholics, but all people of good will. It underlines the beauty and truth of family life. The love that we cite in our theme is a love that we must ensure fills every home and all family members with a unique and invigorating light and warmth." (To read full text, visit www.worldmeeting2015.org)

From May, 2014 Press Release

Additional information on the world meeting can be found at www.archphila.org.



"Not only would I say that the family is important for the evangelization of the new world. The family is important, and it is necessary for the survival of humanity. Without the family, the cultural survival of the human race would be at risk. The family, whether we like it or not, is the foundation."

Pope Francis, Saturday, July 27, Interview on Radio Catedral

## Marriage & Family Enrichment cont.



Couples for Christ (CFC) is a Catholic lay organization intended for the renewal and strengthening of Christian family life. It has been granted recognition by the Pontifical Council for the Laity. The community grows mainly through the establishment of localized units in parishes.

Archbishop Kurtz is open to this organization's involvement in our diocese subject to the pastor's direction and supervision. If you are interested in learning more about this lay movement, you are encouraged to call Sue Brodfehrer (x 1219). You may also wish to visit www.couplesforchristusa.org.

### Pastoral Care

contact: Michelle Herberger, mherberger@archlou.org

### A Different Way to Pray

From "Spiritual Strengths Healing Institute" e-publication - May 30, 2014

Dr. Richard Johnson: drjohnson@lifelongadultministry.org

A close friend of mine (Lutheran minister and splendid psychologist) pointed me to a short yet powerful article written by Samuel Wells (vicar of Saint Martin-in-the-Fields, London) that appeared in a recent edition of <u>Christian Century</u>, titled "A Different Way to Pray." I summarize it here because I believe the author captures the heart of the prayer dilemma that many persons, especially those with chronic (incurable) diseases, face daily.

The author itemizes three levels of prayer...

1. <u>RESURRECTION PRAYER</u> is a call to God to "fix" our situation, whatever it is: cancer, heart disease, mental illness, family turmoil, cultural disharmony, etc. This type of prayer is a plea (sometimes a demand) to rearrange reality, be it physical, emotional, psychological, familial, or financial . . . whatever. Resurrection prayer (or what I call 'curing prayer') lays out what the prayer wants to happen and lays it on God to make it happen. This prayer asks for a material miracle.



- 2. <u>INCARNATION PRAYER</u> is a call to the Holy Spirit to be fully with us (or others) as we traverse the treacherous road of sickness, illness, demoralization, disillusionment, etc. This prayer accurately assumes that we are fragile, even broken; we feel desolate, and need healing (as distinct from curing). The prayer recognizes that while miracles do happen (perhaps even everyday), that a prayer for the miracle has at least an edge of desperate arrogance to it. Incarnation prayer sees brokenness as part of the human condition, and requests the Holy Spirit's entry into one's heart where consolation and inner healing can commence.
- 3. Transfiguration Prayer is transcendent in that it sees a new reality "within, beneath and beyond" the worldly reality of the brokenness. This prayer seeks the deeper truth of life in the midst of the tragedy; it pushes farther than the material plane to discover reasons for living bigger than what we ever imagined, and it opens us up to receive the power of grace like never before. It asks God to help us see our pain or problem as a time of sacredness that can bring us closer to Jesus than we ever could have otherwise. Transfiguration prayer reaches for the divine in the here and now of life on this plane whatever it may hold right now.

I like this article; I think it gives hope when we are losing our grip on it. Perhaps these three types of prayer are actually three levels of communication with God and stages of growth in prayer to which we are called. In the initial stages of our tragedy, we grasp onto resurrection prayer. As the pain progresses we graduate to incarnation prayer, asking not for 'a cure' but for the inner strength to stand up to the travail. For those who reach farther, who 'hang in there,' they advance to transfiguration prayer, where they find a new peace and perhaps even enter into the holy condition of becoming an exceptional healing person. Make no mistake about the fact that tragedy in whatever form, is a call for change, a call to closer relationship with God.

Permission is granted to reproduce this providing source is identified.

### Pastoral Care cont.

### Parish BeFriender Ministry

### A Parish's Experience & Training Information

Denise Ruiz, Pastoral Associate at St. Margaret Mary tells of how the BeFriender program has benefitted the parish:

As one can imagine, a parish with over 5,000 members has a lot of pastoral care needs. In the fall of 2013, ten people went through the BeFriender Training to be part of the Pastoral Care Team at St. Margaret Mary. They are a tremendous blessing to our community. While St. Margaret Mary has always been good at responding to initial needs, we have not been able to provide meaningful follow-up. Members of this team are able to visit parishioners who are in the hospital or in rehab. They call our older members who are not able to make it to church. They are walking with parishioners who have lost loved ones.

This past semester has been particularly difficult with parishioners receiving serious health diagnoses of cancer, ALS, and Alzheimer's. Because of our Pastoral Care Team, we are able to provide consistent and long term support for these families. The BeFriender Training and monthly Making Meaning Groups provide our Pastoral Care Team members the skills and support they need to grow in this needed area of ministry.

# Parish BeFriender Training Tuesday - Friday, October 6 - 9, 2014 Maloney Center



"Foundations for BeFriender Ministry" is a workshop for leaders who want to implement and maintain a listening ministry of lay pastoral care in their parish. The small size of this highly interactive workshop allows workshop leaders to address the specific needs and questions of participants. A certified trainer from the BeFriender Ministry National Office will be the workshop leader.

Who Attends? A team of 2-5 from your parish including at least one staff person such as (clergy, chaplain, deacon, parish nurse, director of pastoral care, pastoral minister, etc.) and one or more lay volunteers. This team will serve as program leaders for BeFriender Ministry in your parish. New program leaders for existing BeFriender Ministry programs also attend the workshop.

For more information on this ministry or to register, contact Michelle Herberger, 502-636-0296, ext. 1201.

### Hospital Befriender Ministry Training



Like many in our Church and in our world, I find myself invigorated by the words of our Holy Father in Evangelii Gaudium – The Joy of the Gospel. Pope Francis invites us to take the love of Jesus, which we have received, first and "above all [to] the sick, those who are usually despised and overlooked, 'those who cannot repay you." He goes on to say, "...the poor are the privileged recipients of the Gospel."

As you know, illness has a way of isolating people, thus creating poverty of relationship and of meaningful activity. One way we can respond to the call to be with those who suffer, is to visit the sick in our hospitals.

Several years ago, our archdiocese, in cooperation with five area hospitals (Baptist Health, University, Jewish, Kosair, Sts. Mary and Elizabeth) and the national office of BeFriender Ministry, created the BeFriender Hospital Ministry. This unique pastoral care ministry program creates volunteer lay hospital teams for visitation to Catholic patients and their families. These teams provide a spiritually supportive, non-judgmental, listening presence of compassionate care.

Information sessions regarding a Fall training will be held at 10:00 a.m., Maloney Center on these Wednesdays: July 2, 9, 16, 23, 30. Registration is required. Call Carolyn: 502-471-2142.

### **Pro-Life**

contact: Ed Harpring, eharpring@archlou.org

### USCCB on Immigration Reform (adapted)

The time to act is now," said Archbishop Kurtz in a June 5 statement in advance of

the spring meeting of the U.S. bishops held June 10-13, in New Orleans.



The U.S. Senate passed a version of immigration reform legislation about a year ago. The U.S. House of Representatives has yet to consider similar legislation.

Archbishop cited the urgency of the issue for immigrants and their families.

As pastors, we see the human consequences of this broken system each day in our parishes and social service programs, as families are separated, migrant workers are exploited, and our fellow human beings risk everything to find a better life for themselves and the ones they love. Our nation should no longer tolerate an unjust system.

Archbishop quoted Pope Francis, who, in his first World Day of Migrants message, stated that "migrants and refugees do not only represent a problem to be solved, but are brothers and sisters to be welcomed, respected, and loved."

He concluded that immigration reform should balance "the protection of human rights with the rule of law."

More information on the USCCB's position on immigration reform can be found at: <a href="https://www.usccb.org/">www.usccb.org/</a>
issues-and-action/human-life-and-dignity/immigration/
churchteachingonimmigrationreform.cfm



The Catholic Conference of Kentucky asks us to take action! If you wish, take a moment to make a call to your Representative.

The toll-free number is 1-855-589-5698.

### Ask your congress person to do the following:

- Vote for immigration reform
- Support a path to citizenship
- Preserve family unity
- Employ safe and humane immigration enforcement practices

### Migration Conference



July 7 - 20 Washington DC

This conference is open to anyone who seeks to better understand and to engage in the mission of the Catholic Church to serve, accompany, and advocate for immigrants, migrants, refugees, trafficking victims, and other vulnerable people on the move.

www.nationalmigrationconference.org/

### Word of Life, USCCB

The Word of Life series from the USCCB Secretariat of Pro-Life Activities is a monthly liturgical resource containing prayer intentions, bulletin quotes, and occasional homily notes for use in the parish. Material is in both Spanish and English

# July 6 FOURTEENTH SUNDAY IN ORDINARY TIME For all those suffering from the effects of abortion: that they may find page in the layer of locus Christ

For all those suffering from the effects of abortion: that they may find peace in the love of Jesus Christ;

July 13 FIFTEENTH SUNDAY IN ORDINARY TIME

# For medical professionals: that their work may be rooted in a deep respect for life from conception to natural death;

### July 20 SIXTEENTH SUNDAY IN ORDINARY TIME

For the vulnerable in our society - the unborn, the elderly, migrants, and the poor: that they may be treated with respect, dignity and love;

### July 27 SEVENTEENTH SUNDAY IN ORDINARY TIME

For all Christians: that we may bear witness to the inherent dignity of all people as created in the image of God;

For August's intercessions, visit Word of Life at www.usccb.org/prayer-and-worship/resources-for-the-eucharist/word-of-life/

### Helpers of God's Precious Infants Mass helperslouisville.org

7:00 a.m. Mass – Cathedral of the Assumption followed by prayer at Abortion Clinic

Sat., July 12 TBA

Sat., Aug. 9 Priest TBA, Dcn. Ted Luckett

# Recipes for Family Living

2014 National Association of Family Life Ministers (NACFLM) Conference

### "HOME IS A HOLY PLACE"

July 16 - 19, Dayton Ohio



For additional information regarding registration, preconference workshops, presentations/presenters, conference workshops and more, visit NACFLM.org.

# Marriage Encounter - a gift to any marriage

A weekend retreat for married couples who desire time away to enrich their marriage. Next Louisville area weekend - Sept. 26-28 To learn more, visit www.wwme.org



#### Grief & Divorce

St. Margaret Mary, 7813 Shelbyville Road For additional information contact Denise Ruiz, 502-426-1588, ext 126

### **DivorceCare**

Opening session Sat., August 30, 8:30 - 12:30 (library) Then on Thurs., Sept. 4 - Nov. 13, 6:30 - 8:30 (library) Childcare available.

### **Grief & Grace**

Group 1: Sundays, Sept. 14 - Nov. 2, 3:00 - 4:00 p.m. Teacher's Lunchroom

Group 2: Mondays, Sept. 15 - Nov. 3, 6:00 - 8:00 p.m. Room C

# Retrouvaille - a ministry for hurting marriages

This ministry provides a weekend retreat experience plus six post sessions. Next Louisville area weekend - Sept. 19-21



To learn more, visit www.HelpOurMarriage.org

For Marriage Encounter and Retrouvaille brochures for your parish, contact, family@archlou.org

## Trainings

### Marriage Preparation Trainings

Sponsor Couple: One Day- Saturday, July 12, St. James, Elizabethtown, 10:00 am - 3:00 pm. Daycare available.

Three Day - Tuesdays, September 16, 23, 30, Maloney Center, 7:00 - 9:00 pm

\*Cost: \$30 per couple. Registration Deadlines: one day - July 7; three evening - Sept. 9

**FOCCUS:** One Day - Saturday, October 4, Maloney Center, Louisville, 9:00 am - 3:30 pm \*Cost: \$65; Refresher for current facilitators: \$10 (lunch - brown bag) Deadline: September 26

\*Registration required. For more information call: Carolyn Kupper, 502-471-2142, ckupper@archlou.org.

### Staff

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We invite your comments & suggestions.

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